

QUICK -- EASY AND PEANUT FREE PRESCHOOL / AFTER SCHOOL SNACK IDEAS

Apples
Clementines
Bananas
Watermelon
Peaches
Blueberries
Grapes
Strawberries
Pineapple
Cherries
Kiwi
Fruit Cups
Applesauce Pouch

Carrots
Salad
Peppers
Snap Peas
Cucumbers
Cherry Tomatoes
Celery
Pickles
Cauliflower

Yogurt
Go Gurt Yogurt
Cheese Sticks
Shredded Cheese

Goldfish Crackers
Vanilla Wafers
Graham Crackers
Veggie Straws
Popcorn
Rice Krispie Treat
Marshmallows
Fruit Snacks
Pretzels
Ritz Crackers
Tostitos
Raisins
Nutri Grain Bars
Fruit Roll Up
Cookies

**** ALWAYS REMEMBER TO CHECK ON SCHOOL GUIDELINES REGARDING ALLERGY RULES AND REGULATIONS & RECHECK PRODUCT LABELS OFTEN**

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